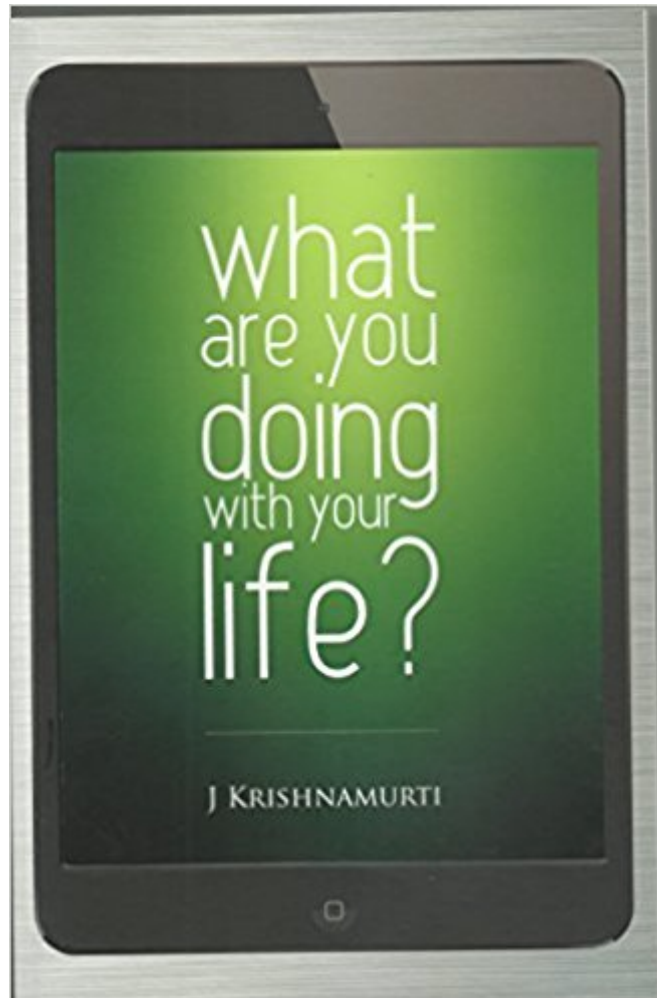




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# **What Are You Doing With Your Life?(Teen Books On Living)**



## Synopsis

J. Krishnamurti spoke to young people all over the world and founded schools in California, England, and India. 'When one is young,' Krishnamurti said, 'one must be revolutionary, not merely in revolt....to be psychologically revolutionary means non-acceptance of any pattern.' Dale Carlson, an award-winning author, writing most prolifically about the psychological problems facing teens in today's world, edited this magnificent book.

## Book Information

Paperback: 272 pages

Publisher: Krishnamurti Publications of America (May 15, 2002)

Language: English

ISBN-10: 188800424X

ISBN-13: 978-1888004243

Product Dimensions: 6.2 x 0.8 x 8.5 inches

Shipping Weight: 12 ounces

Average Customer Review: 4.5 out of 5 stars 8 customer reviews

Best Sellers Rank: #506,411 in Books (See Top 100 in Books) #16 in [Books > Teens >](#)

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## Customer Reviews

"One of the greatest thinkers of the age." -- The Dalai Lama  
"This book is just what teens need, I wish I had had a book by Krishnamurti when I was young." -- Steve Richards

Krishnamurti, Jiddu born of middle-class Brahmin parents, was recognized at age fourteen as the coming World Teacher. Krishnamurti claimed allegiance to no caste, nationality or religion and was bound by no tradition. He traveled the world and spoke spontaneously to large audiences until the end of his life at age ninety. He said man has to free himself of all fear, conditioning, authority and dogma through self-knowledge and this will bring about order and psychological mutation. For more information see [http://kpublications.com/k\\_bio.html](http://kpublications.com/k_bio.html)

Like to read it every once in a while, puts things in perspective.

This is a very good book for people of all ages too. I discovered Krishnamurti in 1971 and read many

of his books since then. I still find this book very stimulating and rewarding. Imsong Lee SF Bay Area

What can be said about Krishnamurti. He is one of the few light left to lead out of this silly dangerous world. It's too late. It will have to start over. No body can or is willing to absorb these ideas. But it might help you keep sane as the world is crazy around us.

Krishnamurti is amazing!

Difficult to understand in today's morality.

J. Krishnamurti's has been called "One of the greatest thinkers of the age" by the Dalai Lama. Based on Krishnamurti's "Books on Living For Teens" series, *What Are You Doing With Your Life?* is a philosophical discussion of probing issues and problems directly affecting young people. From the difficulties of relationships; to hard choices about one's education and future work; to find a purpose for one's life, and more, *What Are You Doing With Your Life?* is a deftly presented spiritual as well as practical work, a non-denominational treatise which is broad in its intellectual discussion and willingness to raise hard questions. As the chapter on "Truth; God; Death" points out: "What is God? How are you going to find out? Are you going to accept somebody else's information? Or are you going to discover for yourself what God is?" *What Are You Doing With Your Life?* is a very highly recommended addition to school, and community library Philosophy collections for adolescent and young adult readers.

I have been reading Krishnamurti for over 35 years. He is the sage to whom I turn when I need a simple, clear, and compelling understanding of reality. I recommend his books to many people, and yet I find that for most readers he is anything but simple, clear, and compelling. They find him hard to understand, and harder to apply to their daily lives. *What Are You Doing With Your Life* will change all of that. This is a "threaded" anthology of Krishnamurti's teachings on a variety of vital subjects compiled for teenagers. I bought it to help improve my own ability to mentor teens. What I found was so much more. Here is a clear, concise, and powerful articulation of Krishnamurti's deepest teachings. This is more than an introduction to his thought, this is the essence of his thought. I highly recommend this book to teens, their parents, and anyone else looking for love and silence at the heart of their everyday lives.

After having studied umpteen books from Krishnamurty, this is the one that seem to contain the nectar of what he undertook to convey. A 'must-have' for the beginners as well as for the already initiated. Organization of the text in sub-headings further adds to the charm and simplicity of the book. For someone yet to get acquainted with Krishnamurty, I recommend the reading of the "Commentaries On Living" series first. That would prepare a fertile foundation for Krishnamurty's teachings to reap in!

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